

## No Smoking Day

### How does No Smoking Day work to help smokers to quit? Key Stage 3 (Age range 11- 14)

**Time Required:** 1 60 minute lesson or 2 30 minute lessons

**Learning Objectives:** Pupils will be able to explain how the charity No Smoking Day works to help smokers to quit.  
National Curriculum, PSHE, KS 3 section 2b) How to keep healthy and what influences health.

**Learning Outcomes:** Pupils will demonstrate they have met the learning objective by producing one of the following; a) a poster b) a leaflet c) a power point slide, advertising No Smoking Day on Wednesday 10th March. Pupils' poster/ leaflet/ power point slide must contain the following pieces of information; 1) the name and aim of the charity 2) the date of the day 3) information about what the day can do 4) the website address 5) information about what's on the website.

#### **Skills:**

- Presentation skills
- Group work
- Literacy
- Art and design

#### **Resources:**

- Handout of Information for Key Stage 3
- 10 pieces of different coloured card. Use the following as focus questions. Use the larger focus areas twice.
  1. What is No Smoking Day?
  2. What is the aim of No Smoking Day?
  3. What can you find on the website?
  4. What does the Day do?
  5. What doesn't the Day do?
  6. What does No Smoking Day achieve?

Depending on the final activity

- A3 white paper
- A4 paper for leaflets
- Colours
- Glue
- Scissors
- Access to a PC

**Lesson Plan**

<b>Starter</b>	On power point presentation or to be written on board. Pupils to discuss the aims of 5 charities; Help the Aged, Greenpeace, No Smoking Day, The Big Issue Foundation, Save the Children. Answers are on the power point slide. Pupils to understand the Big Picture of this lesson; "Charities work to benefit the public at large. Some charities work to help specific groups of people."
<b>Main</b>	<p>Pupils to work in groups of 3 or 4. Give each group a handout and a piece of card with a focus question. Groups to prepare and give a 2 minute presentation on their focus question using their own words and pictures if they wish.</p> <p>Pupils will work within their group or independently to produce a poster, leaflet or power point slide advertising No Smoking Day. Pupils' poster/ leaflet/ power point slide must contain the following pieces of information; 1) the name and aim of the charity 2) the date of the day 3) information about what the day can do 4) the website address 5) information about what's on the website.</p>
<b>Plenary, homework, extension</b>	<p>Pupils will work independently and answer this question in their exercise book.</p> <p><b>Question:</b> What aspect of No Smoking Day do you think is most effective in helping smokers to quit and why?</p>